

Stirrup Hope PLLC
Gretchen Crites, LPC
17530 Bar X Road
Colorado Springs, CO 80908
719-377-1138

stirruphopebilling@gmail.com www.stirruphope.org

DISCLAIMERS AND SCRIPTS

For Referrals to Other Counselors:

This referral list is provided as information only. It was created based on my assessment of your clinical needs and/or your requested specifications. Neither Gretchen Crites MA, LPC nor Stirrup Hope, LLC makes any guarantee as to the quality or the results of counseling services provided by these individuals. You are under no obligation to use any of these therapists.

For Resource Listings:

The information contained herein is not therapeutic advice nor a substitute for therapy. It should not be used to diagnose or to treat any mental health issue. Neither Gretchen Crites MA, LPC nor Stirrup Hope, LLC is responsible for the content, claims or representations of the listed sites. These resources are informational only and may or may not be applicable to you and your therapeutic needs. Neither Gretchen Crites MA, LPC nor Stirrup Hope, LLC endorses any of the businesses, individuals or any other entities associated with this resource list. Neither Gretchen Crites MA, LPC nor Stirrup Hope, LLC is connected with the sale or promotion of any goods and services listed in these resources.

Email Confidentiality Notice:

Confidentiality Notice: **Please do not send any confidential or urgent information to me via e-mail.** If you have an urgent matter, please call the office number listed above. If this is an emergency, please call 911; call the Colorado Crisis Line at 844-493-TALK (8255); or, go to your nearest emergency room. This message and any accompanying attachments contain information belonging to the sender, which may be confidential and legally privileged. This information is intended only for the individual or entity to whom this electronic message was sent. If you are not the intended recipient, any disclosure, copying distribution or action taken in reliance on the contents of the information contained in this electronic message is strictly prohibited. If you are not the intended recipient, please notify the sender immediately by return e-mail and delete this message and any attachments from your system.

Twitter/Facebook/Blogs:

Twitter: The information contained herein is not therapeutic advice nor a substitute for therapy.

Facebook or Blog: The information contained herein is not therapeutic advice nor a substitute for therapy. It should not be used to diagnose or treat any mental health problem. If you are located within the United States and you need emergency assistance please call 911 or go to your nearest emergency room. If you are located within Colorado you may also call the Colorado Crisis Line at 844-493-TALK (8255).

Phone Script:

General Message:

You have reached the confidential voicemail of _____ (Name). If this is an emergency please hang up and dial 911; or call the Colorado Crisis Hotline at 1-844-493-8255; or go to your nearest emergency room.

If you would like to schedule an appointment or leave me a general message, please leave a message and I will return your call by the end of the next business day. My office hours are

_____.

Thank you and I look forward to talking with you.

If on Vacation Or Out Of the Office for an Extended Period of Time:

You have reached the confidential voicemail of _____ (Name). If this is an emergency please hang up and dial 911; or call the Colorado Crisis Hotline at 1-844-493-8255; or go to your nearest emergency room.

I will be out of the office from _____ (Date/Time) to _____ (Date/Time)

- a. I will have limited access to voicemail during this time and cannot guarantee a specific call back time. I will return all non-emergency calls on _____ (date).

OR

- b. I will not have access to voicemail during this time. If you are an existing client and you need therapy assistance, please contact _____ (name) at _____ (phone number).

Thank you.